



POSITIVE PSYCHOLOGY IN PRACTICE

Become a PPG
Positive Psychology
Practitioner (350hrs+)

**Schedule for 18-month
Fixed Pace Option**

ENROLLMENT

10th August -
14th October 2020

ORIENTATION

15th - 30th October 2020

START DATE

2nd November 2020

END DATE

22nd April 2022

HOW TO APPLY

Please contact us for an
application form at:
training@ppnetwork.org

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All Positive Psychology in Practice pathways follow the first module as one large group.

MODULE 1

Positive Psychology Fundamentals (250hrs+)

Unit 1 - The Psychology of Strengths

Webinar: Monday 2nd November, 1-2pm (UK)

Group Call 1: Thursday 12th November, 1-3pm (UK)

Group Call 2: Monday 23rd November, 1-3pm (UK)

Assignments Due: Tuesday 15th December 2020

Rest Period: 16th December 2020 - 6th January 2021

Unit 2 - The Psychology of Authenticity

Webinar: Thursday 7th January, 1-2pm (UK)

Group Call 1: Monday 18th January, 1-3pm (UK)

Group Call 2: Thursday 28th January, 1-3pm (UK)

Assignments Due: Monday 15th February 2021

Study Break: 16th February - 28th February 2021

Unit 3 - The Psychology of Resilience

Webinar: Monday 1st March, 1-2pm (UK)

Group Call 1: Thursday 11th March, 1-3pm (UK)

Group Call 2: Monday 22nd March, 1-3pm (UK)

Assignments Due: Thursday 15th April 2021

Study Break: 16th April - 5th May 2021

Unit 4 - The Psychology of Positive Emotions

Webinar: Thursday 6th May, 1-2pm (UK)

Group Call 1: Monday 17th May, 1-3pm (UK)

Group Call 2: Thursday 27th May, 1-3pm (UK)

Assignments Due: Tuesday 15th June 2021

Rest Period: 16th June - 1st September 2021

Unit 5 - The Psychology of Motivation

Webinar: Thursday 2nd September, 1-2pm (UK)

Group Call 1: Monday 13th September, 1-3pm (UK)

Group Call 2: Thursday 23rd September, 1-3pm (UK)

Assignments Due: Friday 15th November 2021

Rest Period: 16th November 2021 - 6th January 2022

In Module 2, the pathways split into 3 separate study groups.

MODULE 2

Professional Skills (50hrs+)

Coaching Pathway

Webinar: Monday 10th January 2022, 1-2pm (UK)

Group Call 1: Monday 24th January 2022, 1-3pm (UK)

Group Call 2: Monday 7th February 2022, 1-3pm (UK)

Assignments Due: Monday 21st February 2022

Training Pathway

Webinar: Wednesday 12th January 2022, 1-2pm (UK)

Group Call 1: Wednesday 26th January 2022, 1-3pm (UK)

Group Call 2: Wednesday 9th February 2022, 1-3pm (UK)

Assignments Due: Wednesday 23rd February 2022

Facilitation Pathway

Webinar: Friday 14th January 2022, 1-2pm (UK)

Group Call 1: Friday 28th January 2022, 1-3pm (UK)

Group Call 2: Friday 11th January 2022, 1-3pm (UK)

Assignments Due: Friday 25th February 2022

Study Break: 26th February - 6th March 2022

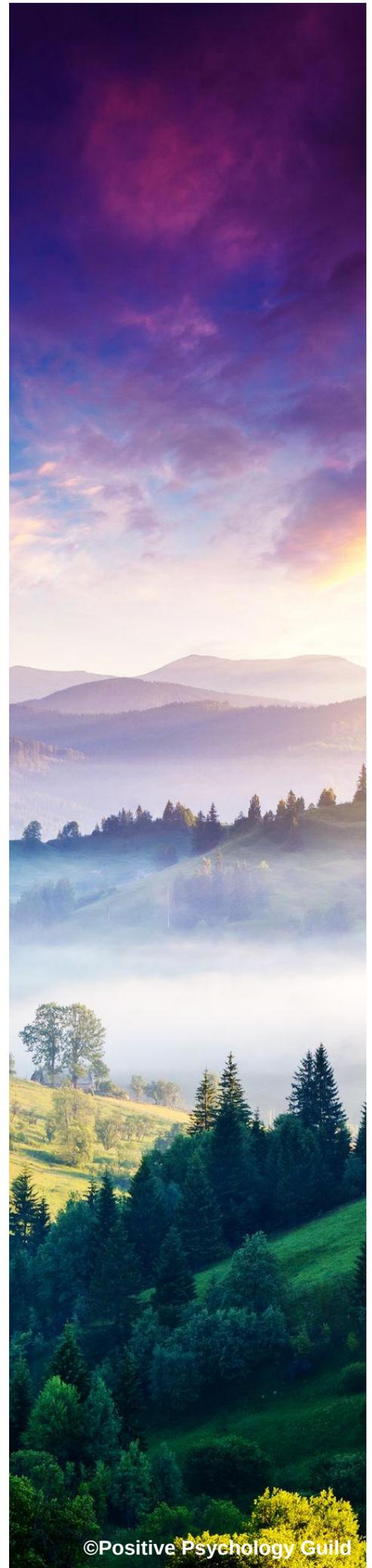
Optional Skills Training Days

For students living in or traveling to the UK, optional multi-skills training days are held every quarter at the Positive Psychology Guild Head Office in Doncaster.

The training days are interactive and cover all 3 pathway skills. To attend these days, you must be enrolled in or have completed Module 2 of your chosen pathway.

Please note that while there is no extra cost to attend these training days, you will need to cover your travel and any accommodation expenses.

For information on upcoming dates, please contact us at: training@ppnetwork.org





In Module 3, you will focus on your independent study project with tutor supervision support.

MODULE 3

Professional Practice (50hrs+)

Coaching Pathway

Webinar: Monday 7th March 2022, 1-2pm (UK)

Project Due: Monday 18th April 2022

Training Pathway

Webinar: Wednesday 9th March 2022, 1-2pm (UK)

Project Due: Wednesday 20th April 2022

Facilitation Pathway

Webinar: Friday 11th March 2022, 1-2pm (UK)

Project Due: Friday 22nd April 2022

CERTIFICATION

Qualifications & Membership

On successful completion of the entire course, depending on your chosen pathway you will receive a Level 5 Diploma in one of the following qualifications:

- [Positive Psychology Practice & Coaching](#)
- [Positive Psychology Practice & Training](#)
- [Positive Organisational Psychology](#)

You will be eligible for one complimentary year of [Professional Membership](#) at the Positive Psychology Guild (PPG). This includes annual entrance examination fees to the PPG Register of Professionals and for those based in the UK, liability and insurance coverage.

You will also be eligible for Student Membership throughout your studies. As a PPG member, we encourage you to participate in the Positive Psychology Network (PPN) [blog](#) and [journal](#).

FAQs

Below is a selection of answers to questions we anticipate you may ask. If you have a question that isn't answered below, please contact us directly for further information at: training@ppnetwork.org

How does the course delivery work?

Your training as a Positive Psychology Practitioner is based on the following components: (1) 1 x 1-hour live or recorded webinar with the Course Lecturer at the start of each unit or module; (2) 2 x live group calls with the Course Guide; (3) 12 x 30-minute personal video calls with your assigned tutor throughout the course. These work out to 6 calls in Module 1, 3 calls in Module 2 and 3 calls in Module 3. You may also email your tutor for written support.

What if I am unable to make a webinar call?

We encourage you to attend these live calls as these form an integral part of your learning journey. However, we understand that it may not be possible to attend all of these calls. For this reason, we will be recording webinar calls and you will be able to view these at a later date. If you know in advance that you cannot make a webinar, you are also welcome to submit any unit or module-related questions by email via your tutor before the webinar takes place.

What if I am unable to make a group call?

These calls are only available in live format. The purpose of these calls is to facilitate the group learning process and answer any student questions. If you are unable to make one of these calls, you will be able to discuss with your tutor how to catch up on the call content to ensure that your learning journey is not affected.

What if I am unable to make an assignment due date?

It is possible to apply for a 2-week extension in advance of your assignment due date. However, please note that any extensions will eat into the study breaks and rest periods that are designed to support your mental performance and recovery, and digest your learning. We recommend keeping extension requests to a minimum.

Why is the course paced over 18 months?

We've been teaching this course to students since 2017 and have found that on average, a completion time of 18 months offers an optimal pace. You will be able to study part-time alongside work, family, and other commitments. Positive Psychology learning is a gradual process. We have included regular study breaks and rest periods to encourage you to integrate your learning experience alongside everyday life. Studying is important. It is also important to find time for other interests and activities, and to switch off from learning or rest. We can't emphasise this enough. The course is demanding and the pace we have set is intended to help you succeed and equip you with lessons that may serve your future area of Positive Psychology in Practice.

What if I can't keep up with the course dates?

This won't affect your long-term studies. If you decide at any point that the fixed pace course isn't right for you, you may choose to exit and complete the course at your own pace. Self-paced learning will allow you the freedom to set your own assignment dates and course timeline for completion. You will continue to meet with your tutor and access the course material online, however you will not be able to attend live webinars or group calls as these are limited to the fixed pace option.

Where will I access my course learning material?

During your course orientation, you will receive a personal login to PPG's online learning platform, the Positive Psychology Academy. There, you will have access throughout your course to your written and multi-media content as well as recorded audio lectures that are periodically updated.

How much does the course cost?

The cost of a full diploma in any one of the three pathways (coaching, training, facilitation) is £2450 GBP. This fee includes access to your online course materials, 7 x 1-hour webinar sessions, 12 x 2-hour group calls, 12 x 30-minute 1:1 online tutor video calls, and tutor email support. It does not include any books or further materials you may choose to buy to supplement your learning journey. The fee may be paid in full during enrollment or through a payment plan with a deposit of £850 and 16 monthly payments of £100 each, or 8 monthly payments of £200 each. Please note that in order to graduate, your payment plan must be completed.